

WEEKLY ACTIVITIES AND EVENTS

10:00 am – 3:00 pm Daily, Walking in the Gym

July 22, 2024 – July 28, 2024

MONDAY, July 22nd

10:00 am – 1:00 pm Summer Youth Program – Call or Email to Register 740-869-2453/msccdir@gmail.com
8:00 pm – 10:00 pm Men's Adult Open Gym Basketball

TUESDAY, July 23rd

6:30 am – 7:30 am HEAT Training (Plyometrics/ Speed & Agility) K-12th grade – FREE (food drive donation items appreciated)
3:00 pm – 6:00 pm Food Pantry is available for households that are income eligible. Distribution of pre-packed food boxes will be delivered to your vehicle. Please remain in your vehicle and you will be assisted in numerical order. Please bring proof of residence at first visit and picture ID every visit.
Call 740-869-2453 for further information.
4:30 pm – 5:30 pm TOPS – Take Off Pounds Sensibly
7:00 pm - 8:00 pm Alcoholic Anonymous

WEDNESDAY, July 24th

10:00 am – 1:00 pm Summer Youth Program – Call or Email to Register 740-869-2453/msccdir@gmail.com
10:00 am – 3:00 pm Sewing for Adults
11:30 am – 1:00 pm Senior Lunch Program – Anyone 60yrs old & over are eligible – RSVP @ [740-869-2453](tel:740-869-2453)

THURSDAY, July 25th

6:30 am – 7:30 am HEAT Training (Plyometrics/ Speed & Agility) K-12th grade – FREE (food drive donation items appreciated)

FRIDAY, July 26th

10:00 am – 1:00 pm Summer Youth Program – Call or Email to Register 740-869-2453/msccdir@gmail.com

SATURDAY, July 27th

10:00 am – 3:00 pm Sewing for Adults

Looking ahead:

- *Produce Market the 2nd and 4th Tuesdays of every month
- *Safe Back to School Bash – August 17 5p-8p