

# WEEKLY ACTIVITIES AND EVENTS

Mount Sterling Community Center 164 East Main Street Mt. Sterling, Ohio 43143 Phone: (740) 869-2453 www.mountsterlingcc.org

# 10:00 am - 3:00 pm Daily, Walking in the Gym

November 4, 2024 - November 10, 2024

#### MONDAY, November 4th

9:00 am - 12:00 pm Indoor Open Play Pickleball

#### TUESDAY, November 5th

6:30 am - 7:30 pm General Election - Polling Location for: Mt. Sterling, Oak Run Twp., Pleasant Twp. 7:00 pm - 8:00 pm Alcoholic Anonymous

#### WEDNESDAY, November 6th

9:00 am - 12:00 pm Indoor Open Play Pickleball

10:00 am - 3:00 pm Sewing for Adults

11:30 am - 1:00 pm Senior Lunch Program - Anyone 60yrs old & over are eligible - RSVP @ 740-869-2453

5:00 pm - 6:00 pm All Level Yoga Class

#### THURSDAY, November 7th

10:00 am - 12:00 pm Food Pantry is available for households that are income eligible. Distribution of pre-packed food boxes will be delivered to your vehicle. Please remain in your vehicle and you will be assisted in numerical order. Please bring proof of residence at first visit and picture ID every visit.

Call 740-869-2453 for further information.

10:00 am – 12:00 pm WIC is coming to Mt Sterling. Participants can sign up and load benefits at Mt Sterling Community Center the 1st Thursday of the month. WIC provides food packages to income eligible pregnant women and children until age 5. WIC also provides nutrition education and breastfeeding support to anyone in the community. Please call WIC to schedule your appointment, 740-85-3088

3:00 pm - 6:00 pm Food Pantry is available for households that are income eligible. Distribution of pre-packed food boxes will be delivered to your vehicle. Please remain in your vehicle and you will be assisted in numerical order. Please bring proof of residence at first visit and picture ID every visit.

Call 740-869-2453 for further information

#### FRIDAY, November 8th

9:00 am – 12:00 pm Indoor Open Play Pickleball 5:00 pm – 7:00 pm Indoor Open Play Pickleball

## SATURDAY, November 9th

10:00 am - 3:00 pm Sewing for Adults

### SUNDAY, November 10th

7:00 pm - 8:30 pm HEAT Training (Plyometrics/ Speed & Agility) K-12th grade - FREE (food drive donation items appreciated)

#### Looking ahead:

\*November 11, TBA: Downtown Veterans Day Ceremony

\*November 23, 12:00-2:00 PM: Annual Community Appreciation Dinner at American Legion Post 417

\*December 7, 4:00-8:00 PM: Christmas in the Village - 7:00PM: Illuminated Christmas Parade