

WEEKLY ACTIVITIES AND EVENTS

Mount Sterling Community Center 164 East Main Street Mt. Sterling, Ohio 43143 Phone: (740) 869-2453

www.mountsterlingcc.org

10:00 am - 3:00 pm Daily, Walking in the Gym

December 2, 2024 - December 8, 2024

MONDAY, December 2nd

9:00 am - 12:00 pm Indoor Open Play Pickleball - FREE (limited time only) donations welcome

8:00 pm - 10:00 pm Men's Adult Open Gym Basketball

TUESDAY, December 3rd

9:00 am - 10:00 am TOPS - Take Off Pounds Sensibly

3:00 pm – 6:00 pm Food Pantry is available for households that are income eligible. Distribution of pre-packed food boxes will be delivered to your vehicle. Please remain in your vehicle and you will be assisted in numerical order. Please bring proof of residence at first visit and picture ID every visit.

Call 740-869-2453 for further information.

7:00 pm - 8:00 pm Alcoholic Anonymous

WEDNESDAY, December 4th

9:00 am - 12:00 pm Indoor Open Play Pickleball - FREE (limited time only) donations welcome

10:00 am - 3:00 pm Sewing for Adults

11:30 am - 1:00 pm Senior Lunch Program - Anyone 60yrs old & over are eligible - RSVP @ 740-869-2453

5:00 pm - 6:00 pm All Level Yoga Class

THURSDAY, December 5th

10:00 am - 12:00 pm Food Pantry is available for households that are income eligible. Distribution of pre-packed food boxes will be delivered to your vehicle. Please remain in your vehicle and you will be assisted in numerical order. Please bring proof of residence at first visit and picture ID every visit.

Call 740-869-2453 for further information.

10:00 am – 12:00 pm WIC is coming to Mt Sterling. Participants can sign up and load benefits at Mt Sterling Community Center the 1st Thursday of the month. WIC provides food packages to income eligible pregnant women and children until age 5. WIC also provides nutrition education and breastfeeding support to anyone in the community. Please call WIC to schedule your appointment, 740-852-3068

FRIDAY, December 6th

9:00 am - 12:00 pm Indoor Open Play Pickleball - FREE (limited time only) donations welcome

SATURDAY, December 7th

10:00 am - 3:00 pm Sewing for all Ages and Abilities

4:00 pm - 8:00 pm Christmas in the Village - 7:00PM: Illuminated Christmas Parade

SUNDAY, December 8th

7:00 pm - 8:30 pm HEAT Training (Plyometrics/ Speed & Agility) K-12th grade - FREE (food drive donation items appreciated)

Looking ahead:

*Produce Market the 2nd and 4th Tuesdays of every month